

Help **Eliminate** Swimming Accidents



For marine
accidents call
118

Guidelines to stay safe while having fun:



Only visit the beach when accompanied by an adult



Stay near an adult when at the beach or in the water



Wear a life jacket when playing in the water

The following accident happened at an Ise Bay swimming beach!

A child playing on a float toy (swim ring/inflatable boat) was carried out to sea by a land breeze and was unable to return to the beach.



Guidelines for **parental guardians**:

- When swimming, choose a well-maintained swimming beach with a lifeguard and/or life savers.
- Never leave children unattended.
- Do not swim in rough waters or during inclement weather.
- Do not swim while under the influence of alcohol.