

【English】

【A Message for Winter Vacation】

Even during the winter vacation period, be especially careful about infection at school, club activities, lessons, and gatherings with friends, and keep the following points in mind for daily life.

- (1) Even at home, implement basic infection prevention measures, such as hand washing and ventilation.
- (2) Use the "Health Check Card" even during the winter vacation period to check your health condition daily. If you are not feeling well with fever, sore throat, headache, etc., refrain from going out or participating in club activities, etc. and rest at home.
- (3) Even when going to school for club activities, etc., take thorough infection prevention measures such as ventilating at appropriate times when using the gymnasium and locker rooms and wearing a mask when it is not possible to maintain distance.
- (4) Make careful judgments when taking actions that may lead to the spread of infection, such as going out in crowded places or places with a high risk of infection.
- (5) Take thorough basic infection prevention measures, including avoiding even one "C", in particular when dining with people you do not normally meet or who are not your family members that you are living together with.