

Living During Winter Vacation

Imakita Elem. School
R6 December

This winter break will be from Friday, December 27th to Monday, January 6th.
Let's cherish time spent with family, enjoy the holidays, and live with purpose.

1 HEALTHY AND SAFE LIVING

- Follow a regular routine with 「Sleep Early・Get up Early・Breakfast」 + 「Tooth brush」.
- Use TV, games, and smartphones following the rules set by your family.
 - ・ Have a good discussion about how to use SNS and the internet.
- Be careful about traffic safety.
 - ・ Wear a helmet when riding a bicycle. ※Are you covered by insurance?
 - ・ Always stop at intersections and make sure there are no cars coming.

2 LIFE WITH LEARNING

- Set goals and follow through.
- Review what you have learned so far.
- Try something you can only do during the winter break.
 - ・ Work on problems you find difficult.
 - ・ Read many books, etc.

3 LIFE AS A MEMBER OF FAMILY AND COMMUNITY

- Help with household chores, such as cleaning, for your family. ※General Cleaning
- Spend quality time with your family. ※Winter break challenge.
- Participate in community events.

4 LIFE WITH FRIENDS

- Play with friends in a friendly and energetic way, while keeping promises.
 - ・ Let your family know when, where, with whom, and at what time you'll be playing.
 - ・ Do not play in dangerous areas (rivers, irrigation ditches, construction sites, roads, etc.).
 - ・ Avoid dangerous activities (air guns, playing with fire, etc.).
 - ・ Do not lend or borrow money or things (no treating or being treated).

How to Spend a Long Vacation

Promises for Summer Vacation

R6 Imakita Elem. School

- ① Avoiding accidents.....No sudden crossings; always wear a helmet.
- ② Responding to Suspicious People.....Do not walk alone during dangerous times and in risky places. Do not let children go to the restroom alone. Avoid revealing clothing. Teach children about (子ども10番の家 - Kodomo Hyaku Touban no Ie), places where they can ask for help.
- ③ Suspicious Phone Calls.....Do not answer. Do not disclose your address or tel. no.
- ④ Avoiding Water Accidents.....Do not leave children unattended in dangerous places like rivers and lakes (e.g., Aichi irrigation canals, Kiso River, Kani River).
- ⑤ Avoiding Dangerous Games...Do not allow playing with air guns (with small bullets) or fire.
- ⑥ Avoiding Theft.....Do not let them go to the store alone.
- ⑦ Greeting Others.....Greet people in the community sincerely.

Rules Outside of School

Kamo District Junior High and High School Special Education Student Guidance Liaison Council
Kamo District PTA Federation

1. It is prohibited to go to the following places without a parent:
 - ① Game center(Corner) ② Eateries (Including Comic café at Internet café)
 - ③ Karaoke box ④ Movie theater ⑤ Bowling center ⑥ Batting center
2. Activities that disturb stores and people nearby are prohibited, such as loitering and sitting for long periods in supermarkets, department stores, and convenience stores.
3. Stopping at stores to eat or drink while going to and from school is prohibited.
4. Sleeping over at a friend's house is prohibited without parental permission.
5. Going out at night without parental permission is prohibited.
(You may be apprehended by the police if out past 10:00 PM.)
6. Borrowing or lending money and buying or selling items from friends is prohibited.
7. Going to camps, skiing, snowboarding, swimming in the sea and rivers, and traveling without a parent is prohibited.
8. Riding a bicycle without wearing a helmet is prohibited.
9. When using the internet (game machines, cellphones, smartphones), there should be household rules to follow. (Parents should implement security measures, such as filtering on their child's cellphone, etc.)

【 Consultation 】

- If you have concerns, problems, or things you wish to discuss, please contact the school.
- In case of an accident, suspicious individuals, or calls, report immediately to the police.
 - ◇ Imakita Elem. School.....TEL (0574) 63-1500
(Winter Vacation: Weekdays 8:15 ~ 16:45 12/28 ~ 1/3: Contact the Kani City Board of Education)
 - ◇ Kani Police Station.....TEL (0574) 61-0110
 - ◇ Kani City Board of Education...TEL (0574) 62-1111
- 【 Consultation Desk for bullying, reluctance to go to school, abuse, studies, and human rights 】**
 - ◇ 24hrs. Child SOS Dial.....TEL 0120-0-78310 (Including Holidays)
 - ◇ Educ. Consultation Hohoemi Dial.....TEL 0120-745-070 (via landline only)
 - ◇ Others.....Check the desktop icon labeled 「こまったときの相談先」 on your own tablet.